



REPLENISH LEARNING
Relationships and Sexual Education Policy
Date: 1st September 2025
Review date: 1st September 2026

Relationships and Sex Education (RSE) Policy

Replenish Learning
Alternative Provision for Children Aged 6 to 11 Years

1. Introduction

This Relationships and Sex Education (RSE) policy has been developed to outline how Replenish Learning delivers age-appropriate RSE in line with the requirements of the National Curriculum and the statutory guidance issued by the Department for Education (DfE, 2019). Our provision supports children aged 6 to 11 years and follows a trauma-informed, safeguarding-conscious approach. We use the PSHE Association programme of study to deliver Personal, Social, Health and Economic (PSHE) education, which includes RSE.

2. Aims

The aims of RSE at Replenish Learning are to:

- Provide a framework in which sensitive discussions can take place
- Help pupils develop self-respect, confidence, and empathy
- Prepare pupils for puberty and give them an understanding of the changes to their bodies
- Teach the importance of healthy relationships and mutual respect
- Promote the values of kindness, consent, and personal boundaries
- Support safeguarding by empowering children with knowledge about their rights and bodies

3. Statutory Requirements

As a provider of education to primary-aged pupils, Replenish Learning is required to teach Relationships Education as part of the statutory curriculum. While Sex Education is not

compulsory in primary settings, we do include age-appropriate content on the human body, growth, and reproduction in the context of science and PSHE.

4. Curriculum Content

Our RSE curriculum is structured around the PSHE Association's recommended framework and covers the following themes:

- Families and people who care for me
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe

We adapt content to meet the developmental and emotional needs of our learners and ensure it is accessible for those with Special Educational Needs and Disabilities (SEND). All content is age-appropriate and aligned with guidance from the Department for Education.

5. Parental Involvement and Right to Withdraw

We value the role of parents and carers in the delivery of RSE. Prior to teaching any topics deemed sensitive (e.g. puberty or body changes), we send home letters outlining the content and giving families an opportunity to ask questions or seek clarification. Parents have the right to withdraw their children from non-statutory Sex Education lessons, though not from Relationships Education or elements taught in Science.

6. Delivery and Teaching Methods

RSE is taught through PSHE sessions by trained staff who create a safe, inclusive and supportive learning environment. Lessons are interactive and use a variety of media and resources. Content is regularly reviewed to ensure it remains relevant and appropriate.

7. Safeguarding and Confidentiality

Any disclosures or concerns arising from RSE lessons are handled in accordance with our Safeguarding and Child Protection Policy. Staff are trained to respond appropriately and to report any safeguarding concerns to the Designated Safeguarding Lead.

8. Monitoring and Review

This policy will be reviewed annually or sooner if required due to changes in legislation or guidance. We seek feedback from staff, pupils and parents to ensure our provision continues to meet the needs of our learners.